



## Editorial

# Breaking New Grounds: The Inaugural Online, Archived and Indexed Edition of the NMA FCT Journal

The publication of this inaugural online-, archived and indexed issue of the NMA FCT Journal, “*Archives of Medicine and Health Review*” marks a historic and defining milestone for the Nigerian Medical Association, Federal Capital Territory (FCT) Chapter. It signals not only the rebirth of a new scholarly platform, but also the crystallization of a long-standing vision: to create a credible, contextually grounded and intellectually vibrant medium for advancing medical knowledge, clinical practice and health policy discourse within the FCT and beyond. The resurgence of this journal is therefore both timely and necessary.

The *Archives of Medicine and Health Review* is conceived as more than a repository of academic articles; it is a strategic instrument for shaping the future of healthcare within the territory. It provides a platform for clinicians, researchers, public health practitioners and policymakers to document their experiences, interrogate existing practices and propose evidence-based solutions tailored to our unique context. By foregrounding locally generated evidence, this journal seeks to bridge the persistent gap between research and practice, ensuring that knowledge produced within our environment directly informs decision-making and improves patient outcomes.

In this reborn-inaugural issue, we present a collection of scholarly works that reflect the diversity and depth of medical practice in the FCT and beyond. The contributions span clinical research and public health inquiry; each grounded in the realities of service delivery within resource-variable settings. These articles collectively underscore a central theme: that excellence in healthcare is achievable even in constrained environments when guided by rigorous inquiry, professional commitment, and adaptive innovation.

A key aspiration of this journal is to amplify voices that are often underrepresented in global medical literature. Too frequently, African and indeed Nigerian experiences are either marginalized or interpreted through external lenses. This journal seeks to correct this imbalance by providing a platform where local

expertise is not only showcased but also validated through robust peer review and editorial standards. In doing so, we aim to position the FCT as a hub of scholarly contribution within the national and international medical community.

The strength of any academic journal lies in the vibrancy of its intellectual community and we are committed to fostering one that is inclusive, rigorous and forward-looking. We also recognize that credibility in academic publishing is built on consistency, transparency, and ethical integrity. To this end, the editorial board is committed to upholding the highest standards of peer review, editorial independence and publication ethics. With structured editorial workflows and digital support systems now in place, we are confident in our ability to maintain a reliable publication schedule and deliver timely, relevant content to our readership.

Beyond its academic function, this journal has a broader mandate; to influence practice and policy. The FCT, as the seat of government, offers a unique interface between clinical evidence and policy-making. By generating and disseminating high-quality research, the *Archives of Medicine and Health Review* is well positioned to contribute meaningfully to health policy formulation, implementation and evaluation, not only within the territory but across Nigeria.

As we reflect on this milestone, it is important to acknowledge the dedication and vision of all those who have contributed to making this journal a reality; members of the editorial board, reviewers, authors and the leadership of the NMA FCT. Their commitment underscores a shared belief that the advancement of healthcare in our setting must be driven by knowledge, collaboration, and sustained intellectual engagement.

The journey ahead will require perseverance, adaptability and continuous improvement. Yet, this inaugural issue stands as a testament to what is possible when a professional community commits to excellence and shared purpose. It challenges us to document more rigorously, to question more deeply and to innovate more boldly.

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